

## The Leisure Club



The 12 metre swimming pool

All our guests enjoy complimentary use of the Leisure Club at a local hotel.

The Leisure Club is perfect for an invigorating start, for a day of pampering or to wind down at the end of a busy day.

Opening times: Mon- Fri 6.45 am – 9.30 pm  
Sat 6.45 am – 8.00 pm  
Sun 7.00 am – 9.00 pm

A 12 metre Swimming Pool, Childrens' splash pool, Whirlpool and Squash Courts\*.

Two fully equipped air conditioned gymnasiums comprising all the latest Aerobic equipment plus Male & Female Saunas, mixed Steam Room and Solarium\*. Exercise classes and health and beauty services\* are available.

\* There is a small charge for activities marked, all of which should be booked in advance. Refreshments, swimwear, squash rackets and squash accessories are available in the Leisure Club.

Towels are supplied in the Club.

Lockers in the changing rooms.

Children under 14 must be supervised at all times by an adult who is responsible for them (only children over 14 may use the gym facilities).

Qualified staff are on duty at all times to offer advice and ensure the safety of all users.

Non residents are welcome to apply for Leisure Club membership.

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### Beauty Room

We offer pamper Days for only £49.00 per person.

We only use the finest products, which include: Eve Taylor & Jessica, allowing you to choose 2 x 1/2 treatments from the following:

- Mini Facial
  - Back, Neck & Shoulder Massage
  - Manicure
  - Pedicure
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